

CERTIFICATE

OF PARTICIPATION

This is to certify that

Christopher Sturdy

Has successfully participated & completed the

20km Konka Farm Run

held at Konka.

TIME 01:47:00

PACE 05:21/km

OVERALL 38 of 181

GENDER 35 of 119

40 - 49 12 of 29

31 August 2019, Sat

Date



Bout Time